

## 5. Rehabilitation

- Basic concepts of disability, different categories of disabilities
- Persons with Disabilities Act and legal rights of people with disability
- Definition of rehabilitation and community based rehabilitation
- Strategies for implementing institutional and community based rehabilitation measures

## 6. Hospital based services for people with low vision/blindness

- Certification, Assessment, Counseling & Guidance
- Sight enhancement
- Basic living skills preparation
- Educational guidance
- Supportive services

## 7. Community based rehabilitation (CBR)

- Community involvement and ownership
- Multi-sectoral approach in CBR programs
- Social Rehabilitation
- Economic Rehabilitation
- Support Services
- Equal rights

## Application Procedure

Persons working in organizations involved in health care service delivery and rural and urban community development programs, eye hospitals and other welfare organizations are eligible to apply for the course. The medium of instruction can be English or Telugu.

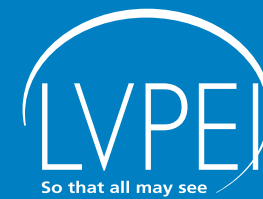
Organizations can sponsor a minimum of 10 field level team members. The cost of the program that includes course fee, course material, accommodation and food (6 weeks period) is Rs 1,50,000. (US \$ 3750- Rs. 40 per US dollar, Exchange Rate as on 31-07-2008).



Applications with details of the sponsoring organization may be sent to:  
CEC Course Convenor

International Centre for Advancement of Rural Eye care  
L V Prasad Eye Institute

Kismatpur Campus, Don Bosco Nagar Post Office, Near Kali Mandir  
(Hyderabad - Vikarabad Highway Road), Hyderabad - 500 086, Andhra Pradesh, India  
Tel.: 040-3061 5678, Fax: 040-2401 1293 • Email: cec@lvpei.org, Web: www.lvpei.org



# Certificate Course in Comprehensive Community Eye Care & Rehabilitation of Vision Impaired



A course for grassroots level eye health and rehabilitation service organizers  
International Centre for Advancement of Rural Eye Care  
L V Prasad Eye Institute, Hyderabad

Education at LVPEI • Extending excellence in eye care

## Introduction

L V Prasad Eye Institute (LVPEI) is a not-for-profit organization that provides quality eye care to all, regardless of the ability to pay. The LVPEI Eye Health System spans a network of three tertiary centres in Hyderabad, Visakhapatnam and Bhubaneswar and 16 secondary care centres all over Andhra Pradesh. The Institute also has a network of 50 primary eye care centres attached to the secondary care centres in rural Andhra Pradesh.

One of the institute's objectives is to elevate the standards of ophthalmic care in India and the region through its multi-tiered educational and training programs. LVPEI is involved in developing eye care services in those areas of Andhra Pradesh and other parts of India where such facilities are neither available nor well developed. LVPEI's International Centre for Advancement of Rural Eye care (ICARE) was founded in 1998, and is an integral part of the Institute. The Institute's community eye care services are planned and managed by ICARE. The mission of ICARE is to provide appropriate eye care and rehabilitation services to people with eye problems with the help of trained local human resources.

**ICARE is an organized large-scale effort to reduce blindness in rural and underserved parts of India and the developing world, over the long term. ICARE strives towards the following major objectives:**

- To develop high quality self-sustaining eye care services in the needy areas of India and other parts of the developing world;
- To train all cadres of eye care personnel to provide excellent and efficient eye care services;
- To participate in the planning of eye health initiatives in the developing world based on well-documented and reliable epidemiological information about blindness and visual impairment among the population; and
- To undertake operations and research projects to understand the best way to deliver eye care services to entire communities.

## Certificate Course in Comprehensive Community Eye Care and Rehabilitation of Vision Impaired

The principle of community eye health is to apply the knowledge of eye care to the community at large, with the primary objective of reducing blindness and vision impairment. This course aims to help organizations working in the area of health and community development to focus on delivering quality eye care to benefit the community as a whole.

The need is more acute because demographic and epidemiological transitions and changing lifestyles have led to an increase in eye ailments and blindness. The knowledge and skills applied by specialists towards preventing and treating visual impairment, and rehabilitating the blind and vision impaired, helps not only to improve the quality of their life but also reduces the burden of blindness on society at large. Moreover, the skills gained from this course can be applied to other health care and development programs. The course fits the broad global objective of 'VISION 2020: The Right to Sight' program.

## Role and Scope

The role and scope of the community eye health and rehabilitation personnel would be to:

- Play a key role in assessing the eye care needs of communities and the population;
- Provide direct eye care and rehabilitation services;
- Educate community groups and individuals to take part in prevention of eye ailments and promotion of eye health; and
- Work on advocacy for community eye health and rehabilitation and support health policy.

This is a concise course offered for grassroots level health and rehabilitation personnel engaged/employed in voluntary agencies, non-governmental organizations, government organizations and other sectors involved in the areas of health and community development.

The training aims to prepare the field level workers to undertake a range of eye care programs, which includes identification of people with different eye conditions through community surveys, conducting community and school screening programs and rendering appropriate services without delay.

The course comprises two modules — the duration of the course will be six weeks. The first module will be for a period of two weeks and focus on prevention of blindness and promotion of eye health related issues. The second module will be for a period of four weeks and deal with community based rehabilitation of the vision impaired.

## Training curriculum

### 1. Blindness

- Definition of blindness
- Causes and condition of blindness
- Impact of blindness on an individual's quality of life

### 2. Eye Health

- Parts and functions of the eye
- Eye diseases, their causes and conditions
- Prevention of eye ailments

### 3. Service delivery and requisites

- Identification of vision impaired and blindness
- Early intervention of people with low vision/blindness

### 4. Eye health promotion strategies

- Community survey, identification and referral
- School screening
- Community screening
- Vision Centres and services
- Clinical and surgical services
- Networking with existing organizations
- Vision guardians and volunteers